

# The *Super*Conscious Success Coaches' Networking Guide

5 Keys for Getting Out of Networking Hell to Easily Manifest  
Networking Success for More Clients, More Money, and More Life!

(For Highly-Sensitive People Who Work as  
*Super*Conscious Success Coaches, Light Workers  
& Transformational Leaders)



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Yes, Networking Hell is a real place. Especially if you are an Empath (highly-sensitive person) who is endeavoring to use networking to express your divine message and share your spiritual gifts! You are in Networking Hell if you feel stuck and emotionally triggered by the following:

- You find yourself in the **wrong groups and with the wrong people** that can't see, hear, and understand what you are all about
- You meet people in your field who become "friends" who say that they do the same thing as you... **yet you know that there is something you do that is different from everybody else**
- You are tired of others not listening to you and **trying to sell you their services**
- You have tried going to one networking event after another (both live and virtual) **yet still end up with very little clients and very little results** to show for it

The struggle with networking can be super scary as the success of your business hinges upon connecting with the right people. I know as I've been there done that... For me, it looked like attending one networking event after another and then balling my eyes out in the car. I would try and try again as I experienced knock-out, drag-out fights with God, screaming "What else do you want from me?"



That's why I felt inspired to share this networking guide with you! Because once you understand what you've been missing, you'll naturally become a magnet for the Ideal Clients, SuperConscious Business Partners and all the other support you need to build a successful Business, including:

- How to connect with the right groups and the right people that recognize the real you
- How to differentiate yourself from others in your industry and particular niche
- How to shift your vibration toward those who want an authentic, business relationship with you — **Relationships FIRST, Results 2nd!**
- How to make the most out of every networking opportunity for **More Clients, More Money, and More Life!**

**Are you ready?** Let's get started!! Below are the 5 keys to getting out of networking "hell" and easily manifesting networking success for More Clients, More Money, and More Life!:

**Key #1 - Envision your Ideal Client Avatar** - Before you can manifest what you want, you first have to have a clear picture of exactly what you want. The goal of an Ideal Client Avatar is to have a clear and concise statement that you can focus on... the clearer your focus, the easier it will be for you to find the right people and the right networking groups.

Based upon current clients and past experiences, what are the top 3-5 attributes of *your* Ideal Clients? Use common identifiers first such as age, gender and then add other likes and dislikes. *Be as specific as possible.*

For example, here's my Ideal Client Avatar: a Woman 35-55 who is a Visionary that wants to express and STAND OUT and Shine for her unique brilliance. She is an highly-sensitive/empathic person who is working on developing her spiritual awareness and awakening to her Soul's unique divine purpose. She uses various methodologies such as tapping, angel cards, astrology, numerology, and is a *SuperConscious* Business Owner who dislikes having to do the daily administrative tasks in her business.



With just this one simple focus on your Ideal Client Avatar, you can now search for those people and groups on Alignable, Facebook, etc. And most importantly, as you put yourself out there, your networking experiences will help you to gain more clarity on your Ideal Client Avatar. The truth is that the Universe is bringing you fresh opportunities from all kinds of places that you've never seen before!

**Key #2 - Ask the Core Question -** As you work with the Vision of your Ideal Client Avatar, continually ask, “What would I really love?” This simple question will help you to clarify, while also bringing up unconscious blocks to be healed.



For example, imagine you have a large block of ice that you need to break apart. Instead of using a knife or an ice pick and hurting your fingers, it’s much easier to put the block of ice into the container and simply pour your liquid over it. For instance, when you put a chunk of ice in a glass and pour water over it... within just a few minutes, the ice breaks up and will pop to the surface.

***“Only Love melts a frozen heart.” ~Elsa from ‘Frozen’***

As you focus on the client you would love, your awareness of the unconscious needs that have been sabotaging your networking success will begin to rise to the surface just like those ice cubes do! ***In other words, your love is the water that melts the frozen unconscious needs hidden within you to bring the clarity of what you really want to the surface.***

Below is a list of the unconscious needs (pain) and the associated divine gifts (pleasure) you will discover:

<b>Problem “Pain”</b>	<b>Pleasure</b>
Need for Attention/Need to Be Special	Life Purpose
Need to Be Different	Visionary Leadership
Need to Be Liked / Fear of Criticism	Empowering Relationships
Need to Be Busy	Feel Emotional Clarity
Need to Be Right / Need to Be Perfect	Intuitive Clarity and “Divine Downloads”
Need for Time / Money / Wellbeing	Have it All - Time, Money, Wellbeing & Purpose
Need to Be Seen, Heard, and Understood	Express Your Divine Message

So keep focused on what you'd really LOVE and fine-tune your Ideal Client Avatar as you go... you can expand your statement up to 1 page as you become more aware of who fits your Ideal Client. (Each step in this guide will deepen your understanding on how to do this!)

**Key #2 - Clear the Hidden Mirror with Deep Listening Skills** - Not everyone is for you... Before you can excel at *SuperConscious* networking (and *SuperConscious* coaching and *SuperConscious* business building), you need to prepare yourself by developing deep listening skills.



Because you are an empathic, highly-sensitive person, imagine an antenna on the top of your head like an insect... to truly make the right connections, we need to gingerly walk into networking with our antenna up and “feel” into which person is a right fit for what we do! But those unconscious needs from Key #2 muddy your ability to get present for your ideal clients. And, instead of making the right connections, you find yourself in what I call “The Hidden Mirror”.

For example, in 2011, I left my 6 figure government JOB because I didn't feel seen, heard, and understood by my bosses and colleagues. But a funny thing happened, wherever I went, I still struggled to be seen, heard, and understood! But now the success of my business hinges upon my ability to be seen, heard, and understood! And so, even though I did all the things that the business guru's said I needed to do to be successful, I was getting very little traction. I did networking, I wrote hundreds of blogs, and I spoke to hundreds of prospects. *Yet, I kept falling flat on my face again and again.*

Because the Universe doesn't give us what we want or even what we THINK we want. It gives us what we are in harmony with... and I was in harmony with the struggle to be seen, heard, and understood. I had lived unconsciously with the weight of this struggle all of my life... and the more I went for what I really wanted... the more chaos I experienced in networking and growing my business.



With my unconscious need to be seen, heard, and understood, I was stuck in the hidden mirror that would ultimately lead me to Express my Divine Message! (See the last row on the Table on page 4!)

Yes! When you have a clear focus, you can easily find the right people and the right experiences to build your business... That's Law of Attraction 101! But the truth is that Law of Attraction also works the other way around... when you don't have a clear focus, you are in the Hidden Mirror where you unconsciously create those painful networking experiences that make you want to run from the room screaming! (Or if you are like me, you end up balling your eyes out in frustration!)

It's truly painful when you are surrounded by people, yet feel as if you are alone and isolated with no idea how to turn all of your work into the thriving *SuperConscious* business that you desire.



***Law of Attraction says that “that which is like itself is always drawn toward itself”.***

That's the good news AND the bad news! When you aren't Crystal Clear in your focus (and you are stuck in the Hidden Mirror) then that which is drawn to you is something that is likely to trigger you emotionally, send you flying off-course, and repelling the opportunities you should be receiving. But, no matter what you are attracting up until now, it's all good... as Louise Hays said, “If you want to clean the house, you first have to see the dirt.”

So if everything IS for your good (and it is)... then how do you clear the hidden mirror, find the gift in whatever pain you are experiencing and begin to attract the people and the resources that you DO want? (Yes, I know that is a loaded question!)

**This is where deep listening skills come in...** and why most empaths are stuck in the networking h\*\*l of looking for the proverbial needle in a haystack... not knowing the right networking groups/events, how to strike up a conversation or what to say to build deeper relationships.

The key is to shift your inner focus “from pain to pleasure”... In other words, to attract your Ideal Clients and everything that you do want, you yourself must become CLEAR... Or as I fondly call it, “The Turnaround from Pain to Pleasure”. No matter what you’ve experienced up until now, your painful experiences can help you find the gift and create the Biz and Life you are designed to live! It’s all a matter of doing your Inner healing work to see, hear and understand yourself FIRST so that you can easily attract what you do want!

**The Turnaround from Pain to Pleasure** - No matter how much inner work you have done, if you have a struggle (i.e., pain) in networking, business development or your life, you can know that the Inner Child has a deeper gift (i.e., pleasure) for you to discover. The Inner Child holds the “golden key” to all you want and so much more!



To find the gift in your painful experiences, it is up to you to strengthen the relationship with your Inner Child just like any other relationship in your life. I suggest you use **Human Design** to deepen this core relationship between you and you so that you can fully see, hear, and understand and transform the unconscious needs of your Inner Child (like the fear of criticism) that repel your Ideal Clients and all of those unique business opportunities that you want to manifest!

For example, imagine you are walking down the street and you see an attractive stranger and instantly ask them to marry you. That person would most likely be incredulous at the proposition and look at you like you are

crazy and run in the other direction. They don't know you... and you don't know them! **Most often, the Inner Child feels this way too**, which is why she/he sabotages your results!

These aspects feel rejected, unloved, and broken. They yearn for acceptance, love and wholeness. Take heart, you can turn it all around when you fully see, hear, and understand your unconscious needs from the Table on Page 4 and find the divine gifts your Inner child has for you... **As I always say, when you see you, your tribe will see you!**

Below are the practices you need to develop so you can deeply listen to your Inner Child, which will help you to heal your unconscious needs, find the gift, and elevate your *SuperConscious* networking game:

- a. **Be the Neutral Observer of Your Emotions.** You have the power to both be the neutral observer of what you are feeling AND experience the emotional trigger at the same time.

Reminder—Be gentle with yourself! Learning to listen to your Inner Child is a muscle that is strengthened over time. If this is a new idea to you, it may be difficult for you to do at first. From my personal experience, it took a year or longer to fully develop this ability once I started to play “observer of my own feelings”. To help you get started, listen to my free [Healing Meditation and Visualization](#).

The emotional trigger will be specific to you and your specific Inner child aspect within your Human Design... here are two examples related to networking:

- What is the most powerful emotional trigger you experience when others don't get what you do? Where do you feel that emotion in your body?
- What is the most powerful emotional trigger you have when you even think about going to a networking event? Where do you feel that emotion in your body?





For example, you may notice frustration in your belly if you are a Generator. Or for me, as a Manifesting Generator, I noticed both frustration in my belly and anger in my throat.

Here is a good place to note that if you are reading this E-Book, ***you are here to AWAKEN to a much bigger purpose than you may realize.*** As a highly-sensitive person, you are here to master your feelings and achieve a level of self-control that few have! This is what is most needed on our Planet!

**b. Focus on the part of your body where you felt the emotion in step a.** Once you strengthen the ability to observe and feel at the same time, you'll connect with a specific aspect of your psyche at the center of the pain that you are feeling. By holding your focus steady on the pain point in a particular place in your body, you will be giving love and acknowledgment to that Unconscious aspect within you i.e., your Inner Child.

As you focus on the specific part of your body, use the Ho'oponopono statements "I Love You. I'm so sorry. Please Forgive Me. Thank You." to help your Inner Child feel safe to feel the deeper emotions that have been blocked in your body. Nurture your Inner Child like you would any child!



**Important – Do not try to change the emotion... simply let the emotion be what it is. This can often be the smallest of steps toward allowing your Inner Child to feel something... simply honor whatever shows up. Keep observing and allowing! As your inner child begins to feel safe to let her/his emotions out and trust that you are listening to them, you will feel a calming of the emotion and greater clarity will emerge within you over time.**

This takes time because your Inner Child is learning to *trust you* — often for the very first time. It takes repeated instances of observation and deep listening for your Inner Child to trust that what you say is true. Any emotion can surface—from rage/anger to sadness to happiness and joy—as you honor the Inner Child’s perspective from a place of non-judgment and unconditional love. When your Inner Child begins to feel seen, heard, and understood, the more intense emotions will lessen and you will feel an “unwind” occur within your body. *Patience is key.*

**c. Discover Your Divine Gifts.** As you expand your awareness of the real you that has been buried within the Hidden Mirror, you will find the divine gifts that make you uniquely brilliant have been within you all along.

Once you feel that your emotions have begun to calm, ask your Inner Child “*What do you most need from me right now?*”

Stay focused on the part of your body where the emotion originally surfaced and simply allow the gift to be revealed. Focus as long as necessary... just giving space for your Inner Child to respond will mean a world of difference as you deepen the relationship with YOU!



*Affirm — “I deeply and completely love, accept, and forgive myself!”*

As you receive the answer, notice how the response feels in your body. For example, the Inner Child may ask for you to be playful. Sit with how “playfulness” shows up for you individually and then tune into how the energy of playfulness feels in your body.

This step creates a new experience for your Inner Child and gives your Inner Child the space to feel seen, heard, and understood by you... in many cases for the very first time in your life!

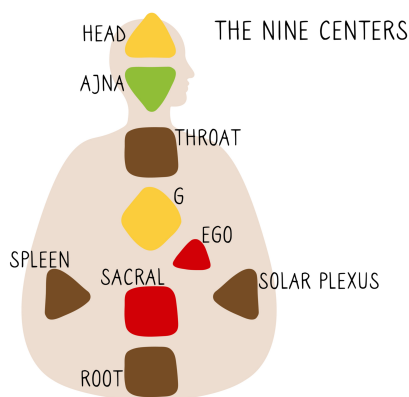
Taking our earlier example a step further, now imagine if you were to “playfully” stop the attractive stranger on the street and give them a

compliment about how they look. You might tap into their desire to be seen in a playful way. Details matter in all of our relationships... but what you didn't know until now, is that you need to Clear the Hidden Mirror by connecting in a deeper way with your Inner Child to fully see, hear, and understand the aspect within you that has been holding a divine gift for you i.e., playfulness! (As you advance in this work, you will be able to connect the divine gift specifically to an aspect of your Human Design!)

**Important - After each healing, give yourself time to rest, drink plenty of water, eat foods that nourish you and feel good to you. You may even want to sleep more than usual. There is a deep, cellular change and rewiring at a core level that takes place within our bodies as we do the deeper healing and light work. It is normal to be tired. So, please, take good care of yourself and prioritize your self-care!**

**d. Use the result from Step C to further tailor your Ideal Client Avatar to what makes you different, special, and unique.** As your Inner Child feels safe and opens up to you in a more expanded way, you will begin to express the divine gifts that your Ideal Clients need to receive from you! Using our previous example, you might add that she is unique, wants to be playful, and wants clarity on her divine message.

Or, for SuperConscious Success Coaches, it is highly likely that the first gift (i.e., playfulness) is a step toward an even deeper divine gift! To truly Clear the Hidden Mirror and unlock your divine gifts, you'll need to delve deeper to connect the dots between your emotional wound and the specific divine gifts hidden within you via Human Design.



For example, a Generator who feels frustrated would look at her/his Sacral center to identify which aspect or aspects need love and acknowledgement. The Sacral center has 9 different aspects (gates) each with their own needs and divine gifts. This is why making the connection between your emotional triggers and the divine gifts takes time and patience. And why, your Client needs a good SuperConscious Success Coach like you to help them do this deep and powerful inner work!

Please note that the divine gifts we are designed to bring forth are of the highest consciousness. This is the main reason that SuperConscious Success Coaches struggle with networking... as we are here to fully embody the truth of peace, love and understanding via such divine expressions as unconditional love and compassion.

### **Key #3 - Use SuperConscious Conversation**

**Starters** - Rather Than Going Straight into Sales mode. Even if you start with the classic “What do you do?”, your energy will likely be “salesy” *especially if you need clients*. Unconscious needs are like that... it’s the energy you put out not necessarily what you say! Moreover, there is such a thing as giving too soon and giving too much... Know, Like and Trust is real and must be cultivated by focusing your energy wholly upon the other person. (See Key #2 if you find yourself over-giving or feeling disconnected from those you are networking with... it’s a sign that your Inner Child is still driving your behavior to get their feelings heard and an unconscious need met!)



Taking the time to ask Conscious Questions means that you are grounded and focused on tuning into where the person you are speaking to is in their conscious development BEFORE you decide whether they are a good fit for your offerings, business partnerships, or referrals.

In other words, great questions help you to identify what level of awareness the person you are talking to is coming from. This will help you put your antenna up and “feel into” whether you are talking to the right person or not. And, when you know that you have found the right person, you can use these questions to differentiate between an Ideal Client, potential Business Partners or referral partners. This is why specificity matters!

These **SuperConscious Conversation Starters** will help you build relationships in your networking groups/events:

- What do you do? (Oldie but goody as you can instantly know if there is more to explore ... you'll either find a common thread with the person in front of you or not!) [Free Conscious Elevator Script](#)
- What do you love most about your work? Really? Tell me more... (Asking about what they “love” should tell you whether they are focused on higher consciousness or not!)
- What would you say is the defining moment that made your Biz what it is today? (This should tell you what stage of business they are in as well as whether they are focused upon their conscious journey and are really endeavoring to move forward in their business results.)
- What do you enjoy most about serving your Ideal Clients? (Similar to “love”, “enjoy” is a higher emotion that consciously-oriented people readily tune into.)
- What would most support you in taking your business to the next level? (Should help you differentiate between the fit for a potential client, business partner or referral partner.)
- If you could wave a magic wand, what is the #1 change you'd make in your business? (This question will help you further understand how they fit into what your business is or future plans are...)
- Build your own question ... use specific language that you resonate with and include conscious words like “love” “serve” “conscious” “change” “passionate” etc.

As you use these *SuperConscious* conversation starters in networking events, further refine your Ideal Client Avatar. What additional unique attributes can you now attribute to your Ideal Client?

Continuing to add-on to our example, your conversation starters may reveal that your Ideal Client is a people-pleaser and has poor boundaries that keeps her from getting what she really wants. (Note: This might be a

good time for you to build an Avatar for your Business Partners and Referral Partners as well!)

**Key #5 - Focus on Your Vision and Trust the Process** - You are here to create something that is new unto the Universe! This means the Vision you start with will not be the Vision you end with... instead, as you focus on the Vision you have, you will find all sorts of things that you do not go as planned. It's all a part of your ability to recognize when you are in the Hidden Mirror and to listen deeply to yourself and the needs of your Inner Child.

Each time you heal an unconscious need and find the gift held by your Inner Child, you will more clearly see your *Authentically Inspired Vision*. This includes additional ways to refine your Ideal Client Avatar as well as other parts of your SuperConscious Business Development.

In other words, your business development is a journey that will keep expanding as you focus on your Vision and trust the process. [Free How to Design Your Vision Checklist](#)



I hope you've enjoyed this *SuperConscious* networking guide and begin today to use it for More Clients, More Money, and More Life!

Please let me know if you have any questions! Xoxoxo,

~Crystal Davis, CEO and Alignable Leader of the Networking for *SuperConscious* Success Coaches Group

Connect with me on Alignable for additional resources, support, & collabs: <https://www.alignable.com/lumberport-wv/superconscious-success-biz-coaching-with-crystal-davis>